

SAT 16 MARCH 10am - 1.30pm

# BUDDHA PALM QIGONG

## Hands-on healing technique

This seminar teaches the participants how to use the major acupuncture points in the hands to activate, open, and balance the energy flow throughout the body.

Buddha Palm Qigong can help to support to detoxify and rejuvenate the major organ systems.

When combined with specific body positions and the Qigong stance, it can help to heal others.



With these ancient Qigong techniques, we can develop and strengthen awareness of the forces and energetic principles of the universe and the earth. This allows us to draw upon these forces for healing ourselves and others.

The result is that we are able to provide a conduit of creative energy into another being, human, animal or plant.

This method is valuable for people who work with patients. They will not lose energy during a treatment and can also benefit, as well as the patient, from the healing session.

*No prior knowledge required*

**Where:** Zendo, Buddhist Centre, 4 Kennedy Pl, Hillsborough, Christchurch

**When:** Saturday 16th March 2019 10am - 1.30pm

**Investment:** **\$65** - or \$50 when you already attend a Tao Motion ongoing class

Limited space - booking is essential. To enrol contact Gabrielle and pay \$25

Bank Transfer: Tao Motion 38 9006 0298478 00 Kiwi Bank

Gabrielle Euteneuer is an International Universal Tao Senior Instructor and is authorized to train Associate Instructors in Qigong, Tao Yoga for Women and Tai Chi Chuan. Teaching experience for more than 30 years.

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