

# Abdominal Healing Massage

## for Women Chi Nei Tsang

An ancient art to detoxify,  
transform & energize



- **Release physical toxins and energy blockages** -



Chi Nei Tsang means “working with the energy of the internal organs”.

This gentle, deep & precise massage technique, centres mainly around the navel, and stimulates the body’s self healing mechanism. This ancient practice supports the major organs, which include liver, kidneys and heart, to function at their best. It allows detoxifying physically and emotionally.

**Chi Nei Tsang Massage** can help alleviate: abdominal discomfort, stress, cramps, constipation, ovarian cysts, menstrual unease, surgical scars, indigestion, bloating, insomnia etc.

### **Individual massage for women with Gabrielle Euteneuer**

Energy can shift from the first session (40 or 60 minutes). It is a wonderful treat to relax, and connect with your inner being. A few skills will be shared on how to continue on your own.

Gabrielle offers **Self-Care Chi Nei Tsang- and Qigong workshops** for everyone in Christchurch, Nelson, Auckland and Wellington.

For more info phone Gabrielle in Christchurch:

03 - 942 9310 or ph/ text 027 225 1646

Email: [tao@taomotion.com](mailto:tao@taomotion.com) or check her website:

**[www.taomotion.com](http://www.taomotion.com)**