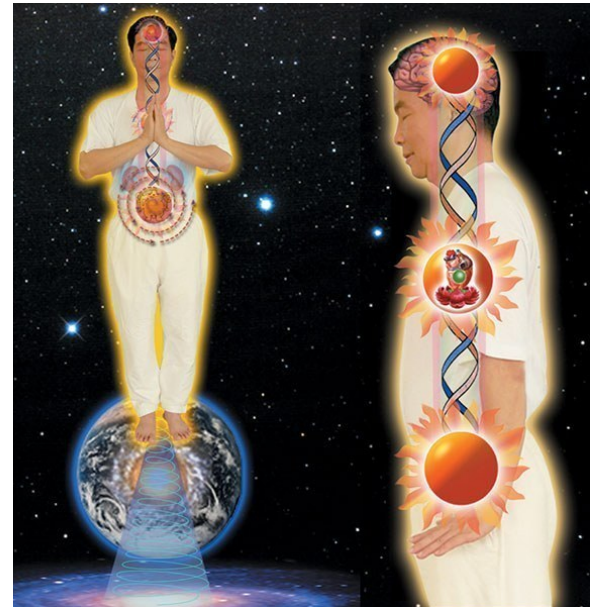


# Wisdom Qigong workshop 27 February 2021

Zoom Online or  
in Oxford

Improve your Health  
Increase Memory



Learn how to activate intuition and wisdom in your mind. **Wisdom Qigong** offers exercises to calm the nervous system and helps to create focused clarity of thoughts.

The exercises and meditations will synchronize the cerebrum and supply the brain cells with more life force.

The brain will become more animated because of the development of new synapses. Instead of just gathering knowledge one can develop a sense of deeper wisdom.

**When:** Sat 27 February  
2-3.30pm

**with** Gabrielle Euteneuer - Senior Instructor and Teacher of the Universal Healing Tao Qigong System

**Where:** Online class with Zoom or attend physically in Oxford, Canterbury

**Costs:** \$28

Zoom link or address will be sent a few days before the class. Zoom will be opened 1.45pm to meet and iron out any technical issues and afterwards for feedback.

A recording will be made and be able to be accessed for 2 weeks

**Prerequisite:** The knowledge of The Basic of the Universal Healing Tao Qigong:

- 1 - The Inner Smile
- 2 - The Six Healing Sounds
- 3 - The Micro Cosmic Orbit

(You are able to learn this practice with the Tao Motion Self-Learn Audio downloads)

**Info:** [tao@taomotion.co.nz](mailto:tao@taomotion.co.nz)

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