



Cultivate the Feminine Qigong for Women

3-day Weekend seminar

4-6 June 2022

Christchurch

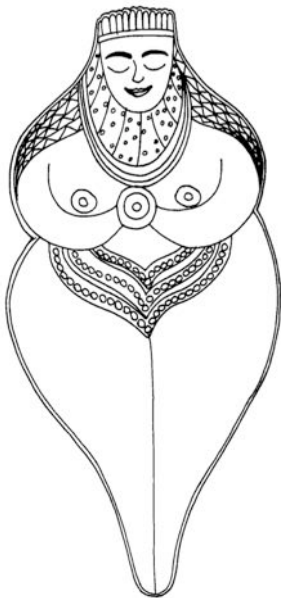
with Gabrielle Euteneuer
Universal Tao Senior Instructor



Transformational practices for every stage of a woman's life

Support healing and prevent disease with Qigong exercises designed for a woman's body. Discover how easy it is to tap into you on a deeper more connected level of well-being. The practices are beneficial for women of all ages. Let's go deeper in the beauty and joy of Women's Qigong. Yin establishes in our life when effortless is the essence of our doing.

Learn advanced Women's Qigong:



- Balance during menopause or menstruation (Red Dragon Qigong)
- Hormonal Qigong: Fountain of Youth
- Women's energetic alignment
- Softening and calming the heart
- Tiantien Qigong - grounding & centering practices
- Pelvic Floor Health & the Power of Grounding
- Inner Alchemy of Healing Love
- Breast Health & Ovarian Qigong

Experience Balance, Relaxation and Renewal of your whole being

This is step two of Women's Healing Qigong. The knowledge of the Tao Basic & Women's Basic Qigong is required. Or attend the weekend seminar 5-6 March

*The focus is on
female health
using the internal
healing and
strengthening
"Art of Qigong"*





Venue: Avebury House is situated in a beautiful park Richmond, Christchurch

For lunch: There is a supermarket in walking distance. Best bring your food. There will be a morning and afternoon tea break and 1½ hour lunch break. Herbal and green tea is provided.

“When sleeping women wake, mountains move“ Chinese proverb

Gabrielle Euteneuer, was born 1961 in Germany and is now based in Canterbury, New Zealand. At the age of 16 Gabrielle started learning Hatha Yoga, energy work and spiritual development. From the age of 20 she studied the internal practices behind Daoist Qigong and Tai Chi. To teach and live the Daoist lifestyle, which she has done for more than 35 years is her life's vocation. In the last 30 years she has been travelling in Europe, USA, Thailand, Australia and New Zealand, both gaining more knowledge and then passing it on in teaching sessions. She is an International Universal Tao Senior Instructor and is authorized to train Qigong Teachers.

Tao videos, Audio downloads and more for sale: see the website:



www.taomotion.co.nz

3-day Seminar: Saturday 4th June 10am - Monday 6th June 4.30pm
Tuition fee: **\$390** (after 7th March \$450)

Weekend: Saturday 4th June 10am - Sunday 5th June 5pm
Tuition fee: **\$290** (paid after 7th March \$330)

Conditions apply: Knowledge of Women's Qigong and the Tao Basic practices is required or attend the weekend 5-6 March. There is also Tao Basic learn-videos & zoom classes available. You will receive an email, when I received your registration deposit. A confirmation email with all the info will be sent out 10 days before the seminar.

Enrol me in the **Cultivate the Feminine seminar** in Avebury House, Christchurch

for the 3 days 4-6 June or for the weekend 4-5 June Tuition fee \$ _____

I pay 50% of the tuition fee now \$ _____ I take responsibility for myself and I accept the conditions of participation.

Eligibility: Registration will be accepted on receipt of deposit payment. The confirmation fee (registration deposit) is part of the seminar fee. I will pay the balance until 14th May. There is a cancellation fee of \$35 up to 1st May, \$90 until 15th May, \$160 until 27th May. Thereafter, the entire fee is due. You can transfer your place to someone else. Free cancellation when it is required through Covid-19 restrictions in Christchurch or the area, where you live.

Name..... Street.....

Town.....

Phone..... E-Mail.....

Bank transfer: Tao Motion 38 9006 0298478 00

Date Signature