

Qigong for Women

Advanced Online class

Zoom workshop

Sat 29th Jan 2022 2-3.30pm NZL time
26th Feb; 9th April; 21st May

Women's Qigong – can help to accumulate and to maintain your energy .

Zoom link will be sent two days before the class. Zoom will be opened 1.45pm to meet and iron out any technical issues and afterwards for feedback. A recording will be made and be able to be accessed for 2 weeks

This 1 ½ hour seminar is designed to support the practice after you have attended a Qigong for Women seminar.

Gabrielle Euteneuer is a Senior Instructor and International Teacher of the 'Universal Healing Tao', a complete system of physical healing and personal development, which incorporates a number of practices including Tao Qigong of Female Sexuality.

Contact Gabrielle for bookings: www.taomotion.co.nz



Tuition fee for one class \$28

Prerequisite: Attendance of a Women's Qigong seminar (at least 2 days) is required or attend the weekend seminar:

Health & Vitality through Qigong for Women 5-6 March 2022

request the flyer

